



# GET READY TO STUDY APPLIED PSYCHOLOGY

If you are planning to study Applied Psychology (Extended Certificate) with us in September, please review this document and complete the required activities. Please bring the completed activities with you at induction.

## FAQ

### **What specification will I study?**

You will be studying the Pearson BTEC Level 3 Extended Certificate in Applied Psychology specification. It is suited to students who prefer a more modular approach, as students sit exams in both year 12 and year 13 and will be assessed through external exams and internally assessed coursework units.

### **How many lessons will I have a week?**

You'll have 4 lessons a week, each lesson is 1 hour and 5 minutes

### **Who can I contact if I have a question about this subject?**

Rebecca Thompson, Psychology, [r.thompson@barnsley.ac.uk](mailto:r.thompson@barnsley.ac.uk)

### **What subjects go well with Applied Psychology?**

Sociology, Law, Geography – any other Social Science or Humanities subject.

### **What grades should I have?**

We ask for a GCSE point score of 5 or above to study an A Level programme. This will include a 5 or above in English Language and Maths. A GCSE point score of between 4.75 and 5 will require a discussion with a Curriculum Manager.

# WHAT WILL I STUDY?

**In Year 1, you will study the following topics:**

**Unit 1 – Psychological Approaches and Applications (*External Exam Unit*)**

You will be introduced to different approaches in Psychology including the biological and cognitive approach. You will develop an understanding of how psychological approaches, research and concepts can explain gender, aggression and consumer behaviour.

**Unit 2 – Conducting Psychological Research (*Internal Coursework Unit*)**

You will gain an understanding of the research process and the key methods used by researchers to test theories that provide information about how people think and behave. You will carry out your own pilot study and learn how to analyse your findings.

**In Year 2, you will study the following topics:**

**Unit 3 – Health Psychology (*External Exam Unit*)**

You will explore how psychological theories and studies explain health behaviours; how stress and addiction develop and are maintained; lifestyle choices and health-related behaviours; and how psychology can be used to change behaviour.

**Unit 6 – Introduction to Psychopathology (*Internal Coursework Unit*)**

You will be introduced to how psychopathology is differentiated. You will explore how society's approach to mental illness has changed, for example the move from asylums to community care; causal factors and different approaches to treating mental disorders.

# WHAT WILL I NEED?

**To study the course you will need the following equipment:**


- Pens (Black and Coloured)
- A folder with dividers
- A4 Lined paper
- Pearson BTEC National Applied Psychology Revision Guide (further information will be provided during induction)

**Students also find it useful to have:**

- Basic IT skills such as the use of Microsoft Office (Word, PowerPoint) and One Drive
- Some basic experience of carrying out independent research

# FIND OUT MORE

These activities are to help broaden your understanding of the subject in preparation for studying this subject at an advanced level.

Careers	<p>Please find job profiles and qualifications needed on the below website:</p> <p><a href="https://www.prospects.ac.uk/job-profiles/browse-a-to-z">https://www.prospects.ac.uk/job-profiles/browse-a-to-z</a></p>  <p><a href="https://careers.bps.org.uk/">https://careers.bps.org.uk/</a></p> 
YouTube	<p>Crash Course Psychology Psych Boost Tutor2U</p>
Further Reading / Useful websites	<p>SimplyPsychology PsychHub Verywellmind Tutor2u</p>

# INDUCTION TASKS

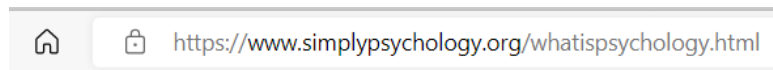
Welcome to **Applied Psychology**! To get you ready for induction week, we would like you to complete some enrolment activities.

We would like you to conduct research using the internet. **PLEASE DO NOT COPY AND PASTE** – Use the internet to find the information and then **write it in your own words**.

Any sources you use from the internet - **please copy the URL link down** with your work (the links are important for keeping a record of your work and will be used during induction).

**This is a URL Link:**

Just copy and paste it or write it down.



Please **bring your answers to your first lesson of Applied Psychology**, either type up or handwrite your work. **Make sure you bring your work** with the websites you used, as this will be assessed during induction.

**Complete the tasks** (Task 1 to Task 3) **and answer the questions below** (use the internet to help, but make sure it is in your own words). I have included some website links that may help you with your research!

**Task 1 – Write 1 to 2 paragraphs** on the following questions:

- What is Psychology?
- What was Psychology previously studied as?
- Is Psychology a science? If so, why?
- What is research?
- Why do psychologists conduct research? Why is this important?
- How do psychologists make their research scientific?

**Task 2 – Write 1 to 2 paragraphs** on the following questions:

- How does the biological approach explain human behaviour?
- How does the learning approach explain human behaviour?
- How does the social approach explain human behaviour?
- How does the cognitive approach explain human behaviour?

### Task 3 – Write 1 to 2 paragraphs

Use this link for the Journal Article or scan the QR Code:

<https://journals.sagepub.com/doi/pdf/10.1177/0956797613479386>

Read the “Abstract” of the journal article about sustained inattentional blindness and answering the questions below:

- What Trafton Drew and his colleagues do?
- What did they find?
- What did the research lead to?



### Task 4 – Write 1 or 2 paragraphs

Use the link for the study or scan the QR Code

<https://www.simplypsychology.org/personality-a.html>

Read the webpage about Personality and answer the questions below:

- What happened accidentally that led Friedman and Rosenman to research this?
- What did the study involve?
- What did they find?



If you have any **concerns, questions, or queries** please **contact me** via email:  
[r.thompson@barnsley.ac.uk](mailto:r.thompson@barnsley.ac.uk)

**Don't forget to fetch your completing work with you at induction!**